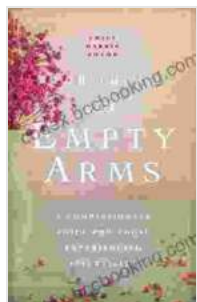


# For Those With Empty Arms: A Journey Through Grief and Loss



## For Those with Empty Arms: A Compassionate Voice

**For Those Experiencing Infertility** by Emily Harris Adams

★★★★☆ 4.6 out of 5

Language	: English
File size	: 1829 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 200 pages
Lending	: Enabled



If you have lost a loved one, you know that the pain can be unbearable. You may feel like you are drowning in a sea of grief, and that there is no way to escape. But there is hope. There is healing. And there is a way to find your way through the darkness.

In her book, *For Those With Empty Arms*, author Sarah Cohen shares her personal story of grief and loss. She lost both her husband and her son in a tragic accident, and she knows firsthand the pain and devastation that comes with losing a loved one.

But Sarah's story is not just a story of pain. It is also a story of hope and healing. Sarah has found a way to live a full and meaningful life after loss,

and she wants to share her insights and experiences with others who are going through a similar journey.

In *For Those With Empty Arms*, Sarah offers practical advice and support for grieving individuals. She shares her own experiences with grief, and she provides guidance on how to cope with the different emotions that come with loss. She also offers advice on how to find support from others, and how to create a meaningful life after loss.

*For Those With Empty Arms* is a must-read for anyone who has experienced the loss of a loved one. Sarah Cohen's personal story of grief and loss is both heartbreaking and inspiring, and her practical advice and support will help you to find hope and healing on your own journey.

### **Praise for *For Those With Empty Arms***

"Sarah Cohen's book is a lifeline for those who are grieving. Her honest and compassionate account of her own journey through loss will resonate with anyone who has experienced the pain of losing a loved one. Sarah's practical advice and support will help you to find hope and healing on your own journey."

### **-Rabbi Harold Kushner, author of *When Bad Things Happen to Good People***

"*For Those With Empty Arms* is a beautifully written and deeply moving book. Sarah Cohen's insights into the grieving process are profound and her advice is invaluable. This book is a must-read for anyone who has lost a loved one."

## **-Dr. Elisabeth Kübler-Ross, author of On Death and Dying**

"Sarah Cohen's book is a gift to those who are grieving. Her honest and compassionate account of her own journey through loss will help you to feel less alone and more understood. Sarah's practical advice and support will help you to find hope and healing on your own journey."

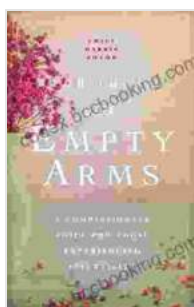
## **-Dr. Alan Wolfelt, author of Healing Your Grieving Heart**

### **About the Author**

Sarah Cohen is a writer, speaker, and grief counselor. She has lost both her husband and her son in a tragic accident, and she knows firsthand the pain and devastation that comes with losing a loved one. Sarah's mission is to help others who are grieving to find hope and healing. She does this through her writing, her speaking, and her grief counseling practice.

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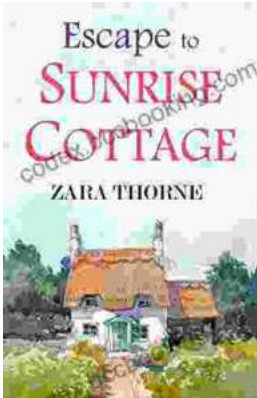
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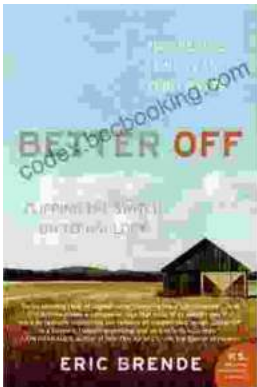
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