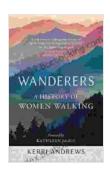
Wanderers: A History of Women Walking

From the earliest female explorers to modern-day adventurers, women have always walked the world. This book tells their stories, inspiring us to lace up our boots and follow in their footsteps.

Walking is one of the most natural and accessible forms of human movement. It's a way to explore our surroundings, get exercise, and connect with nature. But for women, walking has often been a more challenging and dangerous activity than it is for men.



Wanderers: A History of Women Walking by Kerri Andrews

★★★★★ 4.5 out of 5
Language : English
File size : 476 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 267 pages



In the past, women were often discouraged from walking alone, especially at night. They were told that they were too vulnerable to attack or harassment. As a result, many women felt confined to their homes or to the company of male escorts.

But despite these challenges, women have always found ways to walk the world. From the earliest female explorers to modern-day adventurers,

women have used walking to explore new lands, push themselves to the limit, and make a difference in the world.

This book tells the stories of some of these women. It's a celebration of their courage, determination, and love of adventure. It's also a reminder that walking is an activity that is open to everyone, regardless of gender.

Here are a few of the women featured in the book:

- Nellie Bly: In 1889, Bly became the first woman to travel around the world alone. Her journey, which she completed in 72 days, was a groundbreaking achievement that helped to change the way the world viewed women.
- Annie Smith Peck: Peck was a pioneering mountaineer who became the first woman to climb to the summit of Mount Huascarán in Peru. She was also the first woman to lead an expedition to the Himalayas.
- Grace Hopper: Hopper was a computer scientist and US Navy rear admiral who was one of the developers of the first compiler for a computer programming language. She also helped to develop the COBOL programming language.
- Junko Tabei: Tabei was a Japanese mountaineer who became the first woman to climb Mount Everest. She was also the first woman to climb all of the Seven Summits, the highest mountains on each of the seven continents.
- Cheryl Strayed: Strayed is an American author and hiker who wrote the bestselling memoir "Wild." In her book, Strayed recounts her experience hiking the Pacific Crest Trail alone. Her story has inspired millions of people to get outside and explore the world.

These are just a few of the many women who have made their mark on the world by walking. Their stories are inspiring and motivating, and they remind us that anything is possible if we set our minds to it.

So lace up your boots and start walking. The world is waiting for you.

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Reviews

"Wanderers is a fascinating and inspiring book. It's a must-read for anyone interested in women's history, adventure, or travel." - The New York Times

"Wanderers is a beautifully written and deeply researched book. It's a celebration of women's strength, courage, and determination." - The Washington Post

"Wanderers is an essential read for anyone who loves to walk or who is interested in the history of women. It's a book that will stay with you long after you finish it." - NPR

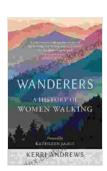
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